

HITHERCROFT SQUASH RACKETS CLUB

Affiliated to England Squash

COVID 19 Club Plan

Version 1 –1 August 2020

Introduction

Our plan is based on the guidance provided by England Squash (ESRA) (latest update 23 July 2020), which reflects government guidance.

We are opening the courts in a phased manner. Our priority is about returning to court use safely and activities on court are to comply with the guidance given by ESRA and as detailed in this Plan. Social distancing and infection control is the basis for the guidance and this Plan is based on a Risk Assessment which has been made by the club committee.

For the initial phase we are only opening Court 3 for use by all members and the club coaches. Courts 1 and 2 may be opened at a later date (to be agreed by the committee in the review later in August).

Everyone who enters the club to play or receive coaching or a parent supporting a young person must become a member and return a membership form. This is on the Hithercroft website www.hithercroftsquash.com or can be requested from hithercroftsquash@gmail.com.

All who enter the club (members and sports park officials, etc.) must sign in the book register that they are 'responsible members' and will comply with these Plan conditions.

All members using the courts must book a court using the booking system by also naming the other person they are playing with (who must also be a member). They must also register their attendance on the court on the Console in the club when they arrive to play.

Leadership and management

Richard Kellagher (Chair) is our COVID-19 lead officer supported by Beryl Guiver (club secretary), Jane Kinniburgh (Treasurer), James Hicks (Safeguarding Officer) and Neil Thompson (coach)

A COVID-19 risk assessment has been completed and will be kept up-to-date

Cleaning regime. We do not have a daily cleaner. Neil Thompson will be responsible for cleaning door handles, light switches, toilets (and his coaching equipment between each use) on entry and exit on Mondays, Wednesdays, and Fridays.

Neil will ensure all sanitising materials are available at all the stations where these are provided. These materials should not be moved to other locations in the club.

All players, each time they attend, will be responsible for cleaning all surfaces that they touch: the entry door pad, console surface, door handles, taps, light switches and toilet seats before and after they use them. They must also spot clean with disinfectant any court wall they touch immediately and dry mop (which is a slightly damp mop) the court floor after playing.

In the case of a COVID-19 incident being linked to the courts, they will be closed for three days from the date when the infected person was on the court, or for longer if the track and trace authorities so specify. Richard Kellagher and Dave Greedy, the Sports Park Manager will liaise on closing the courts and all club members will be emailed to inform them. Players must not enter the courts if a 'CLOSED' notice is on the door. The club will provide names and telephone of numbers who have been in the club over the relevant period to 'Track and Trace' as required by them.

James Hicks is our nominated First Aider who is aware of HSE guidance. Dave Greedy is the Sports Park First Aider. All players must carry their own small first aid kit and clean up after any spills of blood or bodily fluids

Our plan for dealing with someone who develops symptoms whilst at the club is stated under 'Members' below.

The club is making all members responsible for adhering to the safety measures to reduce infection that are in place because there are no club staff present.

Communicating policies with members. Richard Kellagher will communicate with members through email on all matters associated with applying the COVID Plan and any changes that are subsequently made. Richard Kellagher is responsible for updating the website.

This plan will be reviewed every two weeks or if new advice is received from England Squash or if Government Guidance changes

Club access

A hand sanitiser is provided outside the club to use before entering using the secure key pad.

Everyone entering the Hithercroft Pavilion to gain access to the club must wear a face covering (unless unable to do so for health reasons). They may only be taken off on court. Try and ensure social distancing with others in the club when entering and leaving and moving around the premises.

Only people (other than a supporting parent of a young person) who have booked a court can enter the club. They should try and arrive within five minutes of the start of their court period and leave within 5 minutes of finishing playing.

The person who booked the court must sign in on the Console on entering to confirm the use of the court and to facilitate information needed for track and trace.

They must register the date and time of arrival in the club's register, which is on the shelf on the left-hand side inside the door. In signing the register they are agreeing to the following:

- 1. I have read and fully understand all aspects of the COVID -19 plan for the club and will comply with all specified requirements.***
- 2. I accept that I am entering this club at my own risk. I accept that the level of risk of becoming infected with COVID-19 is high in this environment.***
- 3. I feel well and am not experiencing COVID- 19 symptoms.***
- 4. I have not knowingly been in contact with anyone who has been unwell with suspected or confirmed COVID-19 during the last 14 days.***
- 5. I will inform the club (Hithercroftsquash@gmail.com) and Dave Greedy (The Sports Park Manager), tel 07746 646632 immediately if I get COVID-19 symptoms within 3 days of having been at the club.***

- 6. I accept that the club must provide my name and telephone number to 'Track and Trace' if they are asked to do so.***
- 7. I understand that non-compliance with any aspect of the club Plan may result in my membership being suspended.***

Club environment

Only court 3 will be opened initially. Players must open the fire exit door to allow fresh air to enter and close at the end of play.

All chairs and tables have been stored upstairs to avoid people using them.

Showers and changing rooms are closed.

Coins must still be put in the light meters so sanitise your hands before and after use.

England Squash posters are on the entry door and notice board in the club. We will send round to members with information pack before reopening.

Court bookings

Only court 3 will be available for play at present.

Courts must be booked online before play. The names of the two players must be given when booking, or if for solo practice, enter the second person in the database named as A. Lone.

Courts will only be available for every other session to allow time for the courts to air (for at least 20 minutes before the next users).

Only two people may play on a court at a time and in accordance with the national guidance on 'ways of play' which are summarised in the posters at the club and below.

There will be no Club Night until further notice.

Members actions

Members play at their own risk knowing that COVID-19 is highly contagious and the enclosed space of the courts is a high risk environment irrespective of complying with the social distancing requirements of play on court. Members are responsible for their own safety and for keeping the club safe for others too.

Court 3 can only be booked once membership forms have been returned providing address, current email and telephone contact details and a signature confirming compliance with the COVID Plan. Courts 1 and 2 will only be opened later if a review by the committee and the Safeguarding Officer deem it to be appropriate.

Members, by signing the register, are declaring that they are healthy and COVID 19 symptom free before entering the club and not knowingly been in contact with anyone else who has symptoms within the previous 14 days.

Anyone entering the club who becomes unwell or shows COVID-19 symptoms during their visit must maintain social distancing, go home immediately if safe to do so, or organise someone from their household to collect them (wait outside the club). If this is not possible call 111 and follow instructions. Inform **Richard Kellagher (hithercroftsquash@gmail.com)** and **Dave Greedy, the Sports Park Manager, tel. 07746 646632**

Anyone who becomes unwell with COVID-19 symptoms within three days of visiting the club must follow the relevant NHS guidance and also declare this to the club (Richard Kellagher and Dave Greedy) and consult their GP.

Members may only play with other members; no guests are allowed.

Players must arrive no earlier than 5 minutes before their booking time, come ready to play and leave promptly after their session. They must not shower at the club. However they must comply with the existing shoes policy by not arriving or leaving in their shoes which are used on the court.

Players must use sanitiser before opening the door key pad, before using the pen to sign the club's register, before putting cash in the light meters, before and after opening court doors, before using the toilet seat and before exiting the door. Players must spot clean with disinfectant and wipe with kitchen towel the court walls and floor if touched by hands, and use the dry mop after playing.

Players must not play squash unless they are from the same household or a support bubble as defined by the government. However all players must be members and have returned the membership form before playing any squash). *Government guidance on bubbles: 'if you live by yourself or are a single parent with dependent children, you can expand your close support network to include another household'.*

Players may play solo or play socially distanced games and practices, including 'sides' as described on the posters in the club. A video of this can be seen on the England Squash website.

Only one person should touch the ball and court door handle.

Social distancing must be maintained on court with no handshaking or physical contact.

Players must bring their own water bottle, pen, towel, first aid kit, racket and ball. Players must take all their belongings on court and store one side at the front, or leave at the back of court 3.

An adult accompanying a junior must bring their own chair to sit on and wear a face covering at all times (unless unable to for health reasons). He/she is required to sign the club's register on entering and leaving the club.

Contractors coming to the club must be accompanied by a club member or representative who is responsible for ensuring that they know this Plan and sign the register

Coaches

Coaches are responsible for keeping a record of all their clients, times and dates of training if those being trained have not booked the court or registered their presence on the Console.

Coaches are responsible that their clients maintain social distancing and all the methods of infection control required by this Plan.

Coaches are responsible for sanitising all equipment that they use and for cleaning courts after use and before next clients arrive and for maintaining a minimum of 20 minute court airing time between usage.

Coaches are responsible for following the England Squash Guidance on 'Ways to play'.